

HSE National Eating Disorders Webinar 2025

Theme: Building Momentum in Eating Disorder Awareness and Service Development

DATE: Wednesday 26th February

TIME: 9.20 am – 16.20pm

PROGRAMME		
9.20- 1 pm	<i>Morning Sessions</i>	<i>Chair Dr Michelle Clifford</i>
9.20 am	Welcome and Opening:	Professor Philip Dodd, Deputy Chief Medical Officer, Mental Health Policy Specialist, Dept of Health
9.30am	Building Momentum in Eating Disorder Services in 2024 : an update from the NCPED and Bodywhys	Dr Michelle Clifford, National Clinical Lead for Eating Disorders NCPED Harriet Parsons , Training and Development Manager, Bodywhys
10.00	Family therapy for Anorexia Nervosa in Emerging Adults	Elizabeth Dodge & Danilen Nursigadoo ED services SLAM NHS trust Family and Systemic Psychotherapists, Eating Disorders Day Services and Outpatients , South London and Maudsley NHS Foundation
11.00	Break	
11.30	Medical updates : <ul style="list-style-type: none"> Paediatric Bone health in children and adolescents with eating disorders 	Dr Sarah Richardson, Consultant Paediatrician, Linn Dara community eating disorder service

	<ul style="list-style-type: none"> Digestive Health in Adults with Eating Disorders 	Dr Susanne O Reilly, Consultant gastroenterologist, Adult Eating Disorder team St Vincent's University Hospital
12.10	Avoidant Restrictive Food Intake Disorder (ARFID) in Adults – Our Experience	Riverside Adult Eating Disorder Team HSE Wicklow, Dunlaoghaire, Dublin South East
1pm	LUNCH	
2pm – 4.20 pm	<i>Afternoon Sessions</i>	<i>Chair Dr Michelle Clifford</i>
2pm	Eating Disorders and Pregnancy Research: Exploring Eating Disordered Perinatal Experiences	Dr Jillian Doyle Senior Clinical Psychologist ,The Rotunda National Maternity Hospital Dr Rachel Glennon, Clinical Psychologist
3 pm	Comfort break	
3.15	Digital CBTE /guided self-help - overview and latest developments	Dr Rebecca Murphy CREDO, Department of Psychiatry, Oxford University. Dr Lisa Debrou CREDO therapies Ltd
4.15	Close	Dr Michelle Clifford