

BODYWHYS

The Eating Disorders Association of Ireland



National Clinical
& Integrated Care Programmes
Person-centred, co-ordinated care

Waterford - November 2019

Are you supporting a family member
with an eating disorder?

If so, this free course is for you

Bodywhys and Waterford Mental Health Services
invite you to attend

PiLaR : Peer Led Resilience 4-week programme :

Evening programme for families and friends.

When: 4 Thursdays in November (starting 7th November)

Time: 6.30 - 8.30pm

Venue: Lawlors Hotel, Bridge Street, Dungarvan,
Co. Waterford

Places are limited. Attendance is FREE but booking is essential.

Contact **Niamh Clarke, Bodywhys: 01 283 4963 / niamh@bodywhys.ie**