

**BODYWHYS**

The Eating Disorders Association of Ireland



National Clinical  
& Integrated Care Programmes  
*Person-centred, co-ordinated care*

## Limerick - May 2019

Are you supporting a family member  
with an eating disorder?

*If so, this free course is for you*

Bodywhys and Limerick Mental Health Service  
invite you to attend

## PiLaR : Peer Led Resilience 4-week programme :

Evening programme for families and friends.

**When:** 4 Thursdays in May (starting 2<sup>nd</sup> May)

**Time:** 6.30 - 8.30pm

**Venue:** Clayton Hotel Limerick, Steamboat Quay, Limerick

Places are limited. Attendance is FREE but booking is essential.

Contact **Niamh Clarke, Bodywhys: 01 283 4963 / [niamh@bodywhys.ie](mailto:niamh@bodywhys.ie)**