

BODYWHYS

The Eating Disorders Association of Ireland



National Clinical
& Integrated Care Programmes
Person-centred, co-ordinated care

Kerry - Jan/Feb 2019

**Are you supporting a family member
with an eating disorder?**

If so, this free course is for you

Bodywhys and Kerry CAMHS invite you to attend

**PiLaR : Peer Led Resilience
4-week programme :**

Evening programme for families and friends.

When: 4 Thursdays in January/February
(starting 17th January - 7th Feb)

Time: 6.30 - 8.30pm

Venue: The Rose Hotel, Dan Spring Road,
Tralee, Co. Kerry

Places are limited. Attendance is FREE but booking is essential.

Contact **Niamh Clarke, Bodywhys: 01 283 4963 / niamh@bodywhys.ie**