



National Clinical & Integrated Care Programmes Person-centred, co-ordinated care

## Galway - May/June 2018 Are you supporting a family member with an eating disorder?

## If so, this free course is for you

Bodywhys and the Galway CAMHS Team invite you to attend

## PiLaR : Peer Led Resilience 4-week programme :

Evening programme for families and friends.

When: 4 Thursdays in May/June (starting May 24<sup>th</sup> - 14<sup>th</sup> June)

Time: 6.30 - 8.30pm

Venue: Conference Room, Child and Adolescent Mental Health Service Inpatient Unit, Merlin Park University Hospital, Old Dublin Road, Galway

Places are limited. Attendance is FREE but booking is essential.

Contact Helen McSherry, Bodywhys: 01 283 4963 / helen@bodywhys.ie