



New Maudsley Training

EATING DISORDERS

2 Day Family / Carers' Workshop Skills Based Caring in Eating Disorders

Specialist Training by:
GILL TODD RMN MSc

Date: Saturday 24th and Sunday 25th February 2018

Venue Supported by:
Parish Pastoral Centre, Foxrock, Dublin

Registration Day 1 @ 9am (*pre-registration necessary*)
Course 9:30am – 4:30pm each day

Cost: €50 Family/Carers €100 Professionals

Subjects covered will include:

- Explore how family relationship issues contribute to maintaining the Eating Disorder.
- Learn about the psychology of an Eating Disorder
- Practice makes perfect - we will practice the necessary communication skills to help improve your Loved Ones' self-esteem.
- Pre reading: 'Skills-based Learning for Caring for a Loved One with an Eating Disorder' *Pub. Routledge 2007.*

For further information and pre-registration, contact:
newmaudsleyworkshop@gmail.com

Supported by:

