

BODYWHYS

The Eating Disorders Association of Ireland



National Clinical
& Integrated Care Programmes
Person-centred, co-ordinated care

Limerick - March 2018

Are you supporting a family member
with an eating disorder?

If so, this free course is for you

Bodywhys and Limerick Mental Health Services
invite you to attend

PiLaR : Peer Led Resilience 4-week programme :

Evening programme for families and friends.

When: 4 Thursdays in March (starting March 1st)

Time: 6 - 8pm

Venue: Maldron Hotel Limerick, Southern Ring Road,
Roxboro Road, Limerick, V94 EDP4

Places are limited. Attendance is FREE but booking is essential.

Contact Helen McSherry, **Bodywhys: 01 283 4963 / helen@bodywhys.ie**