

**BODYWHYS**

The Eating Disorders Association of Ireland



National Clinical  
& Integrated Care Programmes  
*Person-centred, co-ordinated care*

# Tipperary - March 2018

Are you supporting a family member  
with an eating disorder?

*If so, this free course is for you*

Bodywhys and HSE South Tipperary Mental Health Services  
invite you to attend

## PiLaR : Peer Led Resilience 4-week programme :

Evening programme for families and friends.

**When:** 4 Thursdays in March (starting March 1<sup>st</sup>)

**Time:** 6.30 - 8.30pm

**Venue:** Clonmel Park Hotel, Cahir Road Roundabout,  
Clonmel, Co. Tipperary

Places are limited. Attendance is FREE but booking is essential.

Contact Helen McSherry, **Bodywhys: 01 283 4963 / helen@bodywhys.ie**