

Mayo - October 2017

Are you supporting a family member
with an eating disorder?

If so, this free course is for you

Bodywhys and Mayo CAMHS
invite you to attend

PiLaR : Peer Led Resilience 4-week programme :

Evening programme for families and friends.

When: 4 Thursdays in October (starting October 5th)

Time: 6:30 - 8:30pm

Venue: Room 1, The Parish Centre, Chapel Street,
Castlebar, Mayo

Places are limited. Attendance is FREE but booking is essential.